

“Is it *done* yet?”

You can't tell by *looking*. Use a **food thermometer** to be sure.

USDA Recommended Internal Temperatures



Steaks & Roasts
145 °F



Fish
145 °F



Pork
160 °F



Ground Beef
160 °F



Egg Dishes
160 °F



Chicken Breasts
170 °F



Whole Chicken
180 °F

www.IsItDoneYet.gov

USDA Meat & Poultry Hotline: 1-888-MPHotline (1-888-674-6854)



United States Department of Agriculture
Food Safety and Inspection Service

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